

just beCOS

VOLUME 1, ISSUE 1

JUNE 2019

A Springs Law Group Newsletter

*Bringing You Stories of
Great Things Happening
in Colorado Springs!*

IN THIS ISSUE:

Springs Law Group Named One Of The Best In COS

Just BeCOS We Are Thankful for Raving Fans

Just BeCOS You All Inspire Us To Give Back

Just BeCOS We Love Our Pups

Just BeCOS We Want To Keep You Safe: Distracted Driving More Than Just

Texting Behind The Wheel

Just BeCOS We Love Our Clients

Just BeCOS We Love To Eat: Pignatin Cocina

Advice from Avery, Just BeCOS!

NEWSLETTER TO HIGHLIGHT

Great Things
IN & AROUND
COLORADO SPRINGS!

Dear Readers,

Welcome to the inaugural issue of Just BeCOS. Our goal with this newsletter is to bring the friends and colleagues of Springs Law Group stories and updates on great topics like:

- *What is happening in and around Colorado Springs*
- *Fantastic businesses around town*
- *Highlights of what we are doing as a firm to protect and celebrate our clients*
- *Reminiscent stories we hope readers can relate to*
- *Great recipes*
- *Cases of interest that may hit home for your family*
- *Community outreach efforts to improve where we all live and work*

We became car accident lawyers because we wanted to help those who don't often have a voice. We have spent years leveling the playing field to best protect our clients' legal rights and we feel the best way to do that is to learn as much as we can about the people we serve: what drives them, what they worry about, and what they enjoy.

We would love to hear from you and we welcome suggestions on what to feature in Just BeCOS. Anyone is welcome to subscribe to this free publication and please don't hesitate to let us know who you would like added to the mailing list. We look forward to serving you!

Jake and Chris



Springs Law Group Named One Of The Best In COS

THANK YOU, Colorado Springs! You voted and we WON! This year, The Gazette held its 25th annual Best of the Springs competition. Thanks to all of your votes, Springs Law Group won Bronze for Best Law Firm and our very own Jake Kimball won Bronze for Best Lawyer! We are so excited about this win and so thankful for all of you who voted!



Just BeCOS You All Inspire Us To Give Back

Just BeCOS You All Inspire Us to Give Back, Springs Law Group was happy to donate hams to Springs Rescue Mission today for the annual Easter Outreach.



Just BeCOS We Love Our Pups

Meet Charlie, one of the many dogs that drop by and say, "Hi!" at Springs Law Group. Share with us on Facebook photos of your favorite pups!



Just BeCOS We Are Thankful for Raving Fans

RAVING FAN!
Andrew N.

"Springs Law Group was very professional and friendly. My wife and I have been working with Jake, Gretchen, and team to resolve an accident I was involved in back in August. I was hit by a car and broke my neck/back and was put in a halo. Jake took the time to come visit me at my house due to my situation and was very patient with us. They communicated with us the whole time and told us exactly what and when we needed to get things done to help us resolve our case as quick as possible. They are very quick to answer any questions you may have, and do a good job explaining things. I will definitely recommend them to anyone I know. Thank You Springs Law Group!" - Andrew N.

Just BeCOS We Want To Keep You Safe: Distracted Driving More Than Just Texting Behind The Wheel



As more and more states adopt hands-free laws that ban drivers from texting while driving, it is important to remember that texting is not the only form of distracted driving, especially as cars become more technologically advanced with bigger screens and more features. Even

using hands-free and voice-activated options in a car can pull your eyes away from the road. According to the National Traffic Highway Safety Administration (NHTSA), sending or reading a text takes your eyes off the road for 5 seconds. At 55 mph, that's like driving the length of an entire football field with your eyes closed. Even if you are looking at that text on the screen of your car, you are still putting yourself and your passengers at risk.

The Colorado Department of Transportation reported that in 2017, there were 15,554 crashes caused by distracted driving statewide, resulting in 45 deaths and 6,119 serious injuries. Don't be a statistic – there is nothing that needs to be said that is more important than a life. Put down the phone, turn the car screen off, and pay attention to the road.

Springs Law Group was thankful for the opportunity to speak with Joel Feldman and some amazing lawyers from Colorado when we presented to high school students at Cherry Creek High School in Denver about distracted driving. Please remember to put down that phone when behind the wheel!



Just BeCOS We Love Our Clients

A big CONGRATS to Krystal Boudreau and her family on winning our Top Golf Giveaway!!!



Just BeCOS We Love To Eat: PigLatin Cocina



If you are searching for Latin American-inspired eats that are made from scratch, out-of-this-world delicious, and affordable, look no further than

PigLatin Cocina. While they have a cult-following at their food truck, we like to visit their quirky stand-alone location at the corner of Dublin and Union here in COS.

Even PigLatin Cocina's description of their restaurant is clever and catchy: "We're looking for the rebels. People with a sense of originality. Those who come with an unruly food taste and a consistent appetite for sweet, salty, spicy, crafty libations. Come one, come all. Our brick-and-mortar space in Colorado Springs features a Latin American menu with a plot twist, think quesadilla meets kimchi, nachos with a Caribbean flair, and even a PigLatin spin on the classic Old Fashioned."

Our favorites are the Piggy Grilled Cheese which you absolutely must order with their garlic parm fries (prepare to become addicted) and their Not Yo' Mama's Veggie Bowl. Their Cheesy Rice Balls or Guava Lava Chicken tacos are also amazing, especially as a late-night snack; thankfully PigLatin is open until 11pm during the week and midnight on Friday and Saturday's, which is a definite bonus.

Check out their full menu by visiting their website, piglatincocina.com, or follow them on Facebook and Instagram so you're always in the know about their food truck location. Just BeCOS readers are invited to snap a photo while at PigLatin and tag us on **Facebook** and we'll put you in the running for a \$50 PigLatin giftcard!



Advice from Avery, Just BeCOS!



Each month, Attorney Jake Kimball's daughter, Avery, will share advice as she continues to hit her baby milestones. This precious 10-month-old just learned to sit, and she has some words of wisdom about her new-found feat: *"Don't get me wrong, I was excited when I learned to sit. Lucky for me (and unlucky for my parents) I am always on the go, rolling around and trying to crawl, so I wasn't that worried when I read that too much sitting can be really bad for your body. According to startstanding.org, you can drastically reduce your chances of cancer, type 2 diabetes, cardiovascular disease, and back pain, all by reducing the time you spend sitting. So, if you find yourself getting sucked into work, set a timer for yourself and walk around for few minutes every half hour – or even better, invest in a standing desk."*



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CALL US FOR A FREE CONSULTATION

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CAR ACCIDENT LAWYERS



This publication is intended to educate the general public about criminal defense, personal injury, DUI, and your rights as an individual in the state of Colorado. It is not intended to be legal advice. Every criminal charge and personal injury case is unique. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.



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Just BeCOS We Love Food: The Recipe of the Month!

Stuffed Poblano Peppers



INGREDIENTS:

- 8-12 Large Poblano Peppers
- 1 cup cooked rice
- 1 can black beans
- 2 Tablespoons roasted garlic
- 1 (16oz.) package of spicy ground sausage
- 1/3 cup coarsely chopped fresh cilantro
- 1/2 cup red onion, finely chopped
- 1 Tablespoon sea salt
- 1 Tablespoon cumin
- 1/4 cup finely chopped chipotle peppers in adobo sauce (Embassa is a good brand)
- 1 cup shredded Monterey jack cheese

DIRECTIONS:

1. Preheat oven to 350°F.
2. Cook sausage until brown and ground into small pieces - add onions and garlic to sauté for

5-7 minutes.

3. While cooking rice and sausage, chop cilantro and chipotle peppers. Cut the poblanos in half lengthwise, taking out the seeds.

4. Once everything is cooked, put all but cheese into a large bowl and mix thoroughly. Add cheese and mix again.

5. Stuff the poblanos with a spoon and fill them as full as possible.

6. Bake on a cookie sheet for 45-60 minutes. (Variation: Cook on the grill on a sheet of foil - this may not take as much time, but you will need watch so the stuffing doesn't come out all over the place)

7. Serve with salsa, sour cream and more cheese! Note: Left over stuffing is fantastic as part of an omelet or in a burrito.